




Planting the Seed: Familiarisation and Exposure

Growth Cycle	Implementation	Activities
 <p>Just as a seed holds the potential for growth, this stage is about discovering CPS.</p>	<ul style="list-style-type: none"> Educators are introduced to the foundational ideas through videos, book studies, and exploring resources from the Lives in the Balance website. This stage sparks curiosity and initial engagement. 	<ul style="list-style-type: none"> Watch 45 min video from Lives in the Balance Do a Book Study using <i>Lost At School</i>, by Dr Ross W. Greene Engage with the content from the Guided Tour on the Lives in the Balance website


Roots are Developing: Give it a Go

Growth Cycle	Implementation	Activities
 <p>The first shoots emerge as educators actively begin to try CPS in their practice.</p>	<ul style="list-style-type: none"> Writing unsolved problems, initiating Plan B conversations, and partnering with a buddy for practice are key elements. Educators explore and experiment, building initial confidence in applying CPS principles. 	<ul style="list-style-type: none"> Watch the one-day video from Lives in the Balance...then: <ul style="list-style-type: none"> Try writing unsolved problems using the ASUP Try having a Plan B conversation Team up with a buddy to practice and provide feedback to one another


Knowledge is Sprouting: Aspire

Growth Cycle	Implementation	Activities
 <p>As roots take hold, educators deepen their commitment and practice.</p>	<ul style="list-style-type: none"> Schools identify experienced kaiako to train as internal CPS coaches. Coaching training is undertaken, fostering a stronger foundation in CPS knowledge. This stage represents structured growth and a shift towards leadership. 	<ul style="list-style-type: none"> Identify experienced practitioners/kaiako to train as an internal coach Participate in the 6-session coaches training available through Lives in the Balance

Sharing the Knowledge: Coaching

Growth Cycle	Implementation	Activities
 <p>The tree now grows taller, symbolising educators guiding others.</p>	<ul style="list-style-type: none"> Coaches provide supervised practice within their kura, ensuring CPS becomes embedded in the school culture. Leadership and kaiako work together through a CPS lens, supporting systemic adoption. 	<ul style="list-style-type: none"> Coach others in using the ASUP and Plan B within your setting Team up with kura to guide structures and practices through a CPS lens

Standing Strong, Leading Change: Become a Certified Provider (and Beyond)

Growth Cycle	Implementation	Activities
 <p>Just like a tōtara stands tall in the forest, educators at this level are recognised as pillars of CPS practice.</p>	<ul style="list-style-type: none"> Educators become certified providers, train others, and advocate for widespread implementation. CPS is deeply rooted within their kura and beyond, leading systemic transformation in education. 	<ul style="list-style-type: none"> Certification training through Lives in the Balance...then: <ul style="list-style-type: none"> Train others