## OUR STATE, OUR KIDS

Kids with concerning behavior often receive the most harsh, punitive, exclusionary discipline, and kids in Alaska are no exception.

For a very long time, we've known that detention, suspension, expulsion, corporal punishment, restraint, seclusion, and arrests are harmful. They are not an effective way to help anybody. They're our kids, and they should be treated in ways that are compassionate and effective. Otherwise, we end up losing them and they end up costing our state and our local school systems a fortune.





The numbers in **ALASKA** 

**538** 

KIDS SECLUDED

or restrained in schools annually

11,751

**KIDS SUSPENDED** 

from school for behavior issues annually

Lives In The Balance is devoted to helping caregivers use evidence-based practices that are non-punitive, non-exclusionary, proactive, and collaborative. For the kids' sake and yours, we invite you to explore proven alternatives.

Access our free web-based resources at livesinthebalance.org

